

LABOR DAY *Retreat 2023*

SSSIO-USA-REGION 10

Theme: **I TO SAI**
(from ego to awareness)

SEPT 02 - SEPT 04, 2023



Morning Bliss

- Vedam Chanting
- Nagar Sankirtan
- Yoga Sessions



Daytime Satsangh

- Exceptional Speakers
- Spiritual Workshops
- Thought-provoking Study Circles



Evening Relaxation

- Family Time (Zipline, Boating & Archery)
- Evening Devotional Program
- Campfire

Separate tracks for SSE students, Young Adults & Adults

SAVE THE DATES

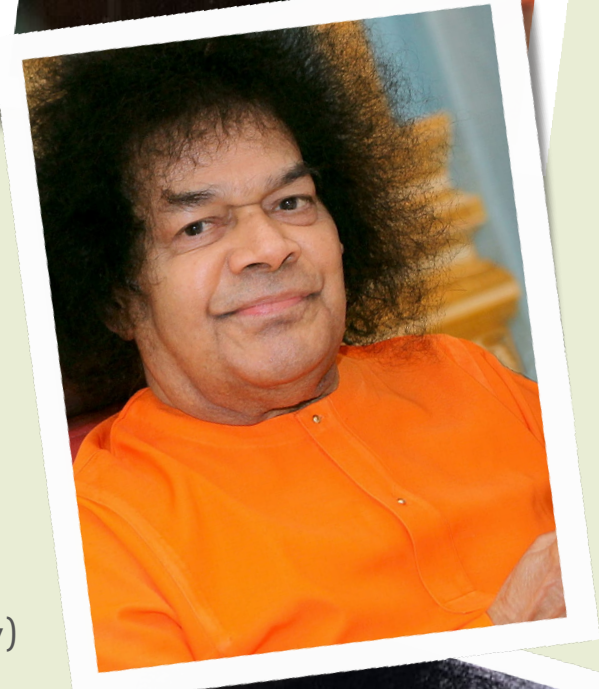
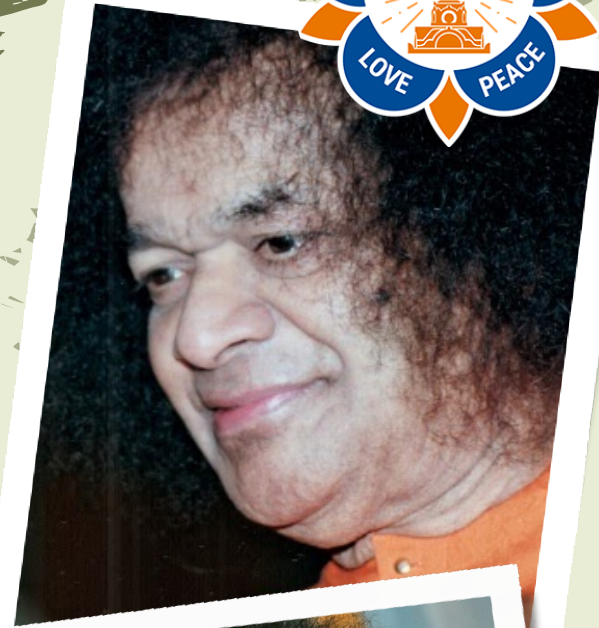


URJ Greene Family Camp
1192 Smith Ln, Bruceville, TX 76630



sairegion10.org/retreat

Retreat Registration URL: <https://tinyurl.com/r10-ldr-23-regn>



Program Highlights

September 02 - 04, 2023

I TO SAI
(from ego to awareness)



ADULTS/YOUTH PROGRAM

SSE PROGRAM

Morning

Registration & Check In (Days 01, 02 & 03)
Jyothi Meditation & Silent Sitting (Days 02 & 03)
Morning Prayers (Omkaram, Suprabhatam & 108 names) (Days 02 & 03)
Outdoor Devotional Singing: Nagar Sankirthan (Days 02 & 03)
Yoga Sessions (Days 02 & 03)
Tree Planting (All 3 days)

Devotional Singing & Divine Discourse (all 3 days)
Speaker Sessions:
Harish Naidu: Day 01
Ajay Yekkiralala: Day 02
Satyajit Salian: Day 02
Panel Discussion:
All Speakers: Day 03

Icebreaker (All Groups): Day 01
Tree Planting (Groups 3&4): Day 02
Devotional Singing (All Groups): Day 02
Sporting Activities (Groups 1&2): Day 02
Speaker - Harish Naidu (Groups 3&4): Day 02
Reflections, Group Photo Sessions : Day 02
Social (All Groups): Day 03

Lunch Break, Bookstore, Poster Sessions (Media & Envirocare)

Afternoon

WORKSHOPS (Multiple sessions in parallel): Days 01 & 02
Nature walk and Envirocare
Women's Workshop
Youth Led Workshop
Study circle - "I to SAI" (from ego to awareness)

Speaker Sessions:
Harish Naidu: Day 02.

Women's Service Activities

Value Games (Groups 1&2): Day 01
Speaker - Ajay Yekkiralala (Groups 3&4): Day 01
Service Activities (Groups 1&2): Day 01
Value Games (Groups 3&4): Day 01
Hands-on Activities (Groups 1&2): Day 02
Sporting Activities (Groups 3&4): Day 02

Family Time (Zipline, Boating & Archery)(Days 01 & 02)

Dinner, Bookstore, Poster Sessions (Media & Envirocare)

Evening

CULTURAL PROGRAM (Day 01)

CAMPFIRE

Speaker Information



Harish Naidu

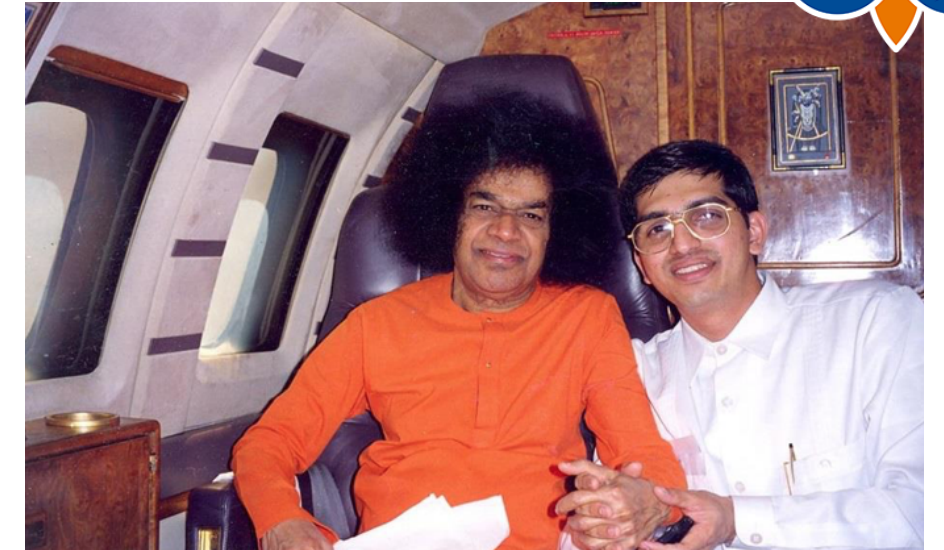
Harish Naidu was able to physically meet Swami for the first time in 1968 due to Swami's Grace and the grace of love of his parents who took him to Swami at that early age. Harish was also greatly influenced by his parents service to Swami and their own transformation. Harish moved to the US in 1986, obtained his Masters in Electrical and Computer Engineering from the State University of NY, Buffalo. He has worked in the software industry since 1988 and in the recent past has been involved in developing and delivering products and services to help improve teachers and student experiences for K-12 education in the US.

Harish has been active in the technology startup community as a consultant and advisor and is currently the CTO of Accolade, a company that combines compassion with technology to provide a personal healthcare concierge service to consumers. Harish has had the opportunity to serve Swami in the USA Sathya Sai organization as center devotional coordinator, center president, regional YA adviser, regional president, National Service Coordinator, National Vice President and is currently serving as the National President, USA. He is married with two children.



Ajay Yekkirala

Ajay Yekkirala was fortunate to complete high school and B.Sc. in Biosciences at Sri Sathya Sai Higher Secondary School and Sri Sathya Sai Institute of Higher Learning (SSSIHL), respectively. With Swami's blessings, he was part of the SSSIHL Brass Band as a percussionist and guitarist and has performed several times in Swami's Divine presence. He holds a PhD in Pharmacology from University of Minnesota and is a research fellow in Neurology at Harvard Medical School. Ajay is also co-founder and CSO of Blue Therapeutics, a startup focused on developing non-addictive painkillers. He previously served as the Region 1 male YA rep and is the current president of Sri Sathya Sai Center of Norwood in MA.



Satyajit Salian

Satyajit has earned an MBA and a Masters in Chemistry from Sri Sathya Sai Institute of Higher Learning. He was the winner of the All Rounder Gold Medal at the university. As an alumnus of the Sri Sathya Sai Institute of Higher Learning, and as someone who has had the blessed opportunity to observe and serve Bhagawan Baba at close quarters for many years, he has collected a treasure trove of spiritual experiences.

In a prior role, he has headed the Sri Sathya Sai Vidya Vahini project initiated and inspired by Bhagwan Himself. He is currently the Director of Newton Business School at Bangkok.



Registration Charges

Rates valid until August 31, 2023	FOR 2 NIGHTS (PER PERSON)		FOR 1 NIGHT/2 DAYS (PER PERSON)		NO ACCOMMODATION (PER PERSON)
	CABIN	MOTEL	CABIN	MOTEL	PER DAY
Adults/Youth (Aged 18 yrs & above)	\$150	\$180	\$140	\$170	\$60
Children (Aged 6 yrs to 17 yrs)	\$120	\$140	\$140	\$130	\$60

Children aged 5 yrs and below are admitted at no charge.

Early Registration

until July 12, 2023: Registration charges will have **\$20 discount** to the above rates

July 13, 2023 to August 13, 2023: Registration charges will have **\$10 discount** to the above rates

Registration (**August 14, 2023 to August 31, 2023**): Registration charges will be **same** as the above table

Walk In Registration (**after August 31, 2023**): Registration charges will have **additional \$10** to the above rates



Frequently Asked Questions (FAQs)

Registration:

If I need help on registration, who can assist me?

Center council members

What are the benefits of early registration?

Discounted rates are provided for early registrants

Allows planning time to address unique needs

Early registration is desirable and highly encouraged

What are my payment methods?

Paypal and Credit/Debit card payments through Paypal gateway

Am I allowed to substitute some or all registered members of my group?

Yes, only on the same category of accommodation

Am I allowed to cancel some or all registered members of my group?

Yes, cancellations with full refund until July 31, 2023 and 50% refund thereafter until August 13, 2023. No refunds will be made after August 13, 2023.*

**All refund will be minus the Paypal payment processing fees.*

Food:

How would you accommodate people with food allergies?

Please communicate about the special food needs in the registration form in 'Additional Notes' field. Every effort will be made to accommodate special needs.

Am I allowed to bring food from outside to the retreat site?

Yes, however, food from outside is not to be consumed in the main dining area.

Would I know the food menu ahead of time?

Yes, the food menu will be published prior to the retreat

Is food available 24 X 7 at the retreat site?

Limited food items will be available outside of the published meal timings. The main dining area will remain opened 24 hrs.

Accommodation:

What is the difference between individual and group level registrations?

Individual registration is for a single member and group registration is for two or more members

What is the difference between Motel and Cabin accommodations?

Motel accommodation is private/semi-private

Cabin accommodation offers bunk beds to sleep up to 14 people of same gender per cabin with shared rest rooms.

If a member in the group signs up for motel, do all other members need to sign up for motel?

If all members need to stay together in a motel, each member should choose the motel option.

Please clarify 'No Accommodation' option.

This option to be selected if member or group chooses not to stay overnight at the retreat camp site.

Transportation:

Can a ride be arranged to and from the retreat site for me?

Every effort will be made to arrange rides through center council members. Please communicate your needs along with your registration.

Are there any charging options at the retreat site for the EVs?

No

If I stay at an offsite motel near the retreat site, what are the daily transportation options for me?

Special needs can be addressed on a case by case basis. Please communicate your needs along with your registration.



Dai Sai Ram !

SEPTEMBER 02 - 04, 2023



Retreat URL: sairegion10.org/retreat

Registration URL: <https://tinyurl.com/r10-ldr-23-regn>